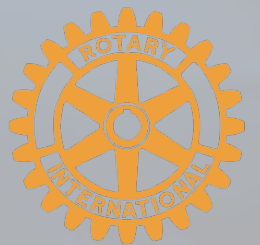


CHARTER BULLETIN

2ND JUNE 2020

Rotary

Club of Ridgeways





ROSEMARY WAINAINA
CHARTER PRESIDENT
Marketing



DGRS MARGARET MUNENE
Dairy Products



PDG ERIC KIMANI
CLUB PATRON
Dairy Products



ALEXANDER MWANGI
Digital Content Creator



ANGELA KAIRU
Public Health



ANNE MAINA
Entrepreneur



ANN MWAURA
Peace and Conflict
Resolution



ALICE MWAURA
Supply & Delivery
of Electrical Goods



BEATRICE KARIUKI
Legal Officer



BEATRICE KAMAU
Lawyer



CATHERINE MIMANO
Organizational
Consultancy



CLARA KATHURIMA
Energy
Professional



DAVID NJOROGE
Public
Administration



DAVID NYANGI
Medical Supplies



EDNA THION'GO
Market Research and
Strategy Consulting



ESTHER OLOO
Financial
Consultant



FRANCIS KIHANYA
Real Estate



FRANCIS MUNGAI
Audit and Tax



GAYLE DAVIDSON
Education



GLADYS MUTHONI
Legal and
Public Service



GEORGE MUGWERU
Housing Finance



GRACE NDERITU
Sustainable
Tourism



HELENA MUSAU
Clinical
Oncologist



IRENE BAHATI
Healthcare



JOE GICHUNG'WA
Entrepreneur



JOHN GIKIMA
Banking



JOYCE KINYANJUI
Business Development



JUDITH MUNGAI
Marketing



JUDY KIRURI
Fashion Design
and Marketing



JULIET WAWERU
Banking



**LOWIE
ROSALES-KAWASAKI**
Women Leadership, Labour
and Human Rights



MARGARET MUENI
Entrepreneur



MERCY MUKURIA
Finance, Bridals
and
Interior Design



MICHAEL MBUGUA
Creative Designer
and Branding



NYAMBURA KOIGI
Organization
Consultancy



NJERI KIMINGI
Construction Management
Landscaping
and Interior design



NJOKI NJIRAINI
Clinical
Oncologist



NYAGOY NYONG'O
Sustainable
Development



PATRICK MUNGE
Financial
Consultant



PENINA CHEBUCHE
Human Resource



SARA KAMAMO
Nurse Educator



SERAH ODUOR
Creative



SIBUSISIWE MANDIKUTSE
Real Estate



WANJIRU NJOROGE
Management



WAMUGUNDA MWANGI
Advocate

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PRESIDENTIAL MESSAGE

Mark Daniel Maloney

Rotary International President 2019-20
June 2020



My Rotary journey began 40 years ago when I joined the Rotary Club of Decatur, Alabama, at the age of 25, and it has brought my family and me many unforgettable moments. But nothing could have prepared me for connecting with the world as president of Rotary International. My individual Rotary journey has become a shared Rotary journey with each of you.

All of the incredible people Gay and I met this year – Rotarians, Rotaractors, and the extended family of Rotary – will be an inspiration for the rest of our lives. We visited clubs and projects from Uruguay to Ukraine, from Nigeria to New Zealand, and beyond. We were privileged to crisscross the globe, circumnavigating it twice and moving back and forth between the Northern and Southern hemispheres. Each country and each stop held its own Rotary magic. While in Zimbabwe in March, we participated in a medical vocational training team mission with Rotarians from India, providing health, hope, and life itself to the thousands who came for treatment. We also felt the

energy of more than 300 young people at a Rotary Youth Symposium in Harare. What a thrill it was to be with these young people!

This year Rotary launched our new Action Plan, and I trust each club is putting that plan to use. And I have been energized by the efforts to embrace the priorities I set for this Rotary year: engaging families, providing leadership opportunities for all ages, celebrating our history with the United Nations in its 75th year, and, most significantly, growing Rotary.

As COVID-19 reached around the globe, we found ourselves in a world transformed. We have been forced to connect in ways we could never have imagined, testing our ability to adapt. We have made tough decisions, including canceling club meetings, district conferences, presidential conferences, and, much to our regret, the 2020 Rotary International Convention in Honolulu. Together everyone is placing the public good and welfare first, despite the loss of meetings, events, and experiences that had been planned for years.

As we looked forward to the Rotary Convention in Honolulu, we learned about the aloha spirit. Our Rotary friends in Hawaii showed us that “aloha” means mutual regard and affection. It extends warmth and caring with no expectation of anything in return. The spirit of aloha applies wherever in the world we may live. As Rotarians, Rotaractors, and members of the family of Rotary, we are connected, and as aloha has been defined to me: Our connection to one another is based upon mutual respect for our differences as well as our appreciation for what we have in common. Community is the sum of individuals – individuals who have concern for one another, who care, share, and take responsibility.

As I have witnessed the members of the Rotary community act to care for humanity amid the coronavirus pandemic, I have seen the aloha of Rotary. We are indeed people of action. Every day, but particularly during this pandemic, the Rotary community has demonstrated its aloha spirit. It is a gift to be shared, and we are each a steward of this gift of Rotary. Gay and I have been amazed, inspired, and humbled by all of you within the family of Rotary.

Indeed, I would say that the last part of our shared Rotary year was transformational. We found new ways to make the lives of others better, new ways to move forward together. And, together, we will continue to grow Rotary so that we may increase our gift of Rotary to our local and global communities.

Gay and I will always remember and treasure our year with you, our shared journey, as Rotary Connects the World!



DISTRICT GOVERNOR MESSAGE

“IN TIMES LIKE THESE, EXPAND
YOUR CIRCLE OF INFLUENCE”

DISTRICT GOVERNOR DISTRICT 9212

JOE OTIN

MAY 1, 2020

Are you chasing the sun or fleeing from the falcon? This quote was inscribed in a piece of modern art that I came across in a reference book at the school library. I was an inquisitive teenager then. My mind was sprouting dreams of the future and the wonderful things that I would do when I graduated. I made a promise to my young self that I would always do my best. For all intents and purposes, I was a

sparrow ‘chasing the sun’.

Little did I know that the journey to the glorious mountaintop of fame and fortune is a lifelong trudge. It is a trek over impossible terrain. It is full of boobytraps that fate notoriously sets on your path. And the agonizing advancement is fueled by fear for most of the way.

After numerous bumps and bruises I found myself gradually becoming the sparrow ‘fleeing from the falcon’. Fear may be necessary as an important piece in self-preservation but perpetual dread results in a reactive existence burdened with suppressed aspirations.

Don’t send the youth down that unforgiving path. Instead inject them with confidence and the belief that they can succeed in whatever they set out to achieve. Then show them how we stand up to adversity and calamity with alacrity and determination. And how with love and compassion we can guarantee the survival of mankind.

Steven Covey in his book *The Seven Habits Of Highly Effective People* defines the circle of concern and the circle of influence. His ideas explain how we can build resilience through the toughest times. The circle of concern and the circle of influence are mutually exclusive. They are constantly fighting for space because one expands at the expense of the other. This conflict is continuously staged in the arena or your consciousness and the results shape your outlook, your experiences, and eventually your outcomes. Sometimes the circle of concern triumphs. That is when affairs that you have absolutely no control over blur your vision, like sweat streaming over your eyes. Your view is obscured further by a recurring avalanche of daily news that knocks you down with one punch, and as you attempt to recover it strikes you again like a thunderbolt. When the circle of concern is overwhelming it becomes an unproductive indulgence. It craves repeated doses of breaking news infused with intrigue, gossip and innuendo. Credible journalism and fake news mingle freely and render it impossible to distinguish one from the other. A healthy sprinkle of controversy, drama and conspiracy added to the stories makes them even more irresistible.

However, instead of making you stronger they only sap the life out of you. They leave you feeling powerless and helpless against the blows that providence regularly sends your way. In contrast, when the circle of influence wins, the issues that you have a firm grip of feature prominently. Unlike the opposing perspective, this one in particular gives you clarity with a version of truth and reality that you have the power to change.

You may therefore wish to ignore those friends who have watched every documentary ever filmed about Coronavirus and who are now furiously writing scripts for the next dozen. Their doomsday tales will keep the masses securely enclosed within the circle of concern, like fattened cattle pensively awaiting slaughter. Instead spend time with Rotarians and people from other organizations that have a practical plan to address the pandemic. Invest your energy with those who are working inch-by-inch to shield society and prepare, in whatever way imaginable, to deal with a possible surge of infections and illness.

The essence of Rotary is to support vulnerable communities in times of need and the world needs us now more than ever. It is crucial that our organization continues to function and grow. Work with your club leaders to implement the set plans so that you can focus on those groups that most need our assistance.

Help the club to prepare for the upcoming leadership succession to ensure a seamless transition and see that there is no down time. Review your plans and take this time to reflect and seek inspiration for a post-COVID world. Remember that every sunrise is a miracle, so be thankful and live each day as it comes

Source:- Governor’s Blog; <https://timeline.rotary9212.org/in-times-like-these-expand-your-circle-of-influence/>



MESSAGE FROM THE DISTRICT GOVERNOR'S SPECIAL REPRESENTATIVE (DGSR)

Margaret W Munene

DGSR

2nd June 2020

I would like at the very onset to thank District Governor Joe Otin for giving me the opportunity to be his special representative in the formation of the rotary Club of Nairobi Ridgeways.

I would also like to thank my husband and Patron to the club Past District Governor Eric for his energy, guidance and support during the journey. I also thank Charter President Rosemary Wainaina for her dedication -Rozzie you are a gem!

To the charter members of RC Ridgeways, the journey has just begun! A few years to come you will realize that becoming a Rotarian is among the best decisions you have ever made in your life. You will never regret it!

I enjoyed midwifing RC Ridgeways. I have enjoyed meeting friends and neighbours in our meeting. I have enjoyed attending the few project visits and I now look forward to great fellowships into the future as we execute our motto Service above Self.

Let us therefore forge forward, grow and enjoy our fellowship and serve our communities.



CLUB PATRON'S MESSAGE

Eric Kimani

Patron

2nd June 2020

Dear Fellow Rotarians, Guests and Family of Rotary,
Welcome to the charter of Rotary Club of Ridgeways!

Looking back at the events that have shaped the formation of this club, I cannot help but remember the journey we have walked.

I have participated actively in the formation of many clubs on a personal level and even as a District leader but never before have I ever been so immersed in the formation of a Club. Most of the Rotarians of this club are

my friends and/or neighbours.

My choice to patronize this club was made more enjoyable by the fact that two distinguished ladies agreed to take the helm of leadership- my immediate past president of the Rotary Club of Nairobi Muthaiga North, Rosemary Wainaina and my wife Past President Margaret Munene of the Rotary Club of Karura-The former as Charter President and the latter as the District Governor's Special Representative for RC Ridgeways.

When we began in February 2020, COVID 19 was unknown to us and this part of the world. A month later all hell broke loose and partial lockdowns became the norm. Physical meetings were suspended. I immediately took our baby club in formation online with hardly 20 prospective members. We have never missed a club meeting during the difficult COVID 19 times! Our formation meetings have been frequented by great local and international speakers.

Here we are now hardly four months since the inaugural meeting with a diverse and strong Rotary Club birthed during the difficult COVID times. In my thinking backed by my experiences with RC Ridgeways, Rotary has never had a better opportunity to grow membership! With lockdowns and distancing rules, Rotary can become the place of choice to meet online. With improved technology this is the way of life. I keep saying to us that there is no "post-COVID times"- this is the future! I urge all of us to take advantage of this opportunity.

I congratulate the Charter Members of RC Ridgeways and like I often taught them-you will get out of Rotary what you put in Rotary. I have put in my 31 years and I can confirm I have reaped big and done much good for the world!

Enjoy your Rotary life and in the process do Good in the World!

WE ARE CHARTERED

The Newest Rotary Club in District 9212.

Rotary
Club of Ridgeways



CHARTER PROGRAM

Master of Ceremony
Past District Governor Eric Kimani

16:00 - Social introductions

16:20 - Formal Meeting

- National Anthem
- Rotary Grace
- Presidential Toast

16:30 - Speeches

- DG Special Representative Margaret Munene
- Chief Guest District Governor Otin

16:50 - Charter Ceremony

- Calling out the 44 Charter Members
- Speech by Special Guest Rotary Int. Vice Pres. Yinka
- Speech by Charter President

17:30 - Vote of Thanks

- Cake Cutting
- Celebrating the New Rotarians

Rotary



Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves.

Rotary's Vision Statement

Rotary Mission

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional and community leaders.



ROTARY CLUB OF RIDGEWAYS LEADERSHIP CIRCLE 2020-2021

DGSR: PP MARGARET MUNENE

PRESIDENT: CP ROSEMARY WAINAINA

PRESIDENT ELECT: GRACE NDERITU

SECRETARY: ANGELA KAIRU

TREASURER: MERCY MUKURIA

SERVICE PROJECTS DIRECTOR: JUDY KIRURI

CLUB SERVICE DIRECTOR VICE PRESIDENT: PATRICK MUNGE

FOUNDATION DIRECTOR: GAYLE DAVIDSON

VOCATIONAL SERVICES: DIRECTOR: FRANCIS KIHANYA

YOUTH SERVICES DIRECTOR: WAMUGUNDA MWANGI

FAMILY OF ROTARY DIRECTOR: JUDITH MUNGAI

PUBLIC RELATIONS DIRECTOR: MICHAEL MBUGUA

STRATEGY PLANNING DIRECTOR: NYAMBURA KOIGI

SPEAKER SECRETARY: CLARA KATHURIMA

LEGAL ADVISOR: BEATRICE KARIUKI

SERGEANT AT ARMS: BUSI MANDIKUTSE

MEMBERSHIP DIRECTOR: HANNAH NJOROGE

THE ROTARY CLUB OF RIDGEWAYS

MEETS AT HEART LODGE

OFF RIDGEWAYS ROAD,

BEHIND RIDGEWAYS MALL

ON TUESDAYS, 6:00PM

FREQUENTLY ASKED QUESTIONS ABOUT ROTARY

1. Why was the name 'Rotary' adopted?

In the beginning of the organization, the meetings were held in rotation at the offices of the members.

2. What is a Rotary club?

A Rotary Club is an association of persons united to practice the ideal of service; service to Rotary and to others in behalf of Rotary.

3. What is the principle of membership?

Active membership in a Club consists of representation from only one person in each classification of business or a profession.

4. What is the motto of Rotary?

The motto of Rotary is 'Service Above Self.'

5. What is the object of Rotary?

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise as expressed through the four avenues or opportunities for service.

6. What are the Four Avenues for Service?

- Club Service
- Community Service
- International Service
- Vocational Service

7. What Is 'The Four - Way Test'

A. A convenient measuring stick for all human relations, consisting of four simple statements is Rotary's Four - Way Test:

- IS IT THE TRUTH?
- IS IT FAIR TO ALL CONCERNED?
- WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?
- WILL IT BE BENEFICIAL TO ALL CONCERNED?

8. What are benefits a Rotarian derives from being a member of a Rotary Club?

- An opportunity to learn the true meaning of 'Service Above Self.'
- The opportunity to become better acquainted with outstanding persons in the community.
- The development of many true and helpful friendships.
- Stimulation of one's mind to travel in unfrequented channels of thought.
- Obtaining enlightenment as to the work, problems, and successes of others.
- An opportunity to obtain a broad outlook on one's business or profession from the standpoint of its contribution to the well-being of its employees, customers, shareholders, and suppliers.
- Receiving help and inspiration to participate more effectively in the activities which make the community a better place in which to live.

For More please visit Rotary Club of Gurnee's Website

<https://gurneerotary.com/sitepage/frequently-asked-questions/most-frequently-asked-questions-in-rotary>

MEET OUR CHAMPIONS



ROSEMARY WAINAINA CHARTER PRESIDENT

Classification: Marketing

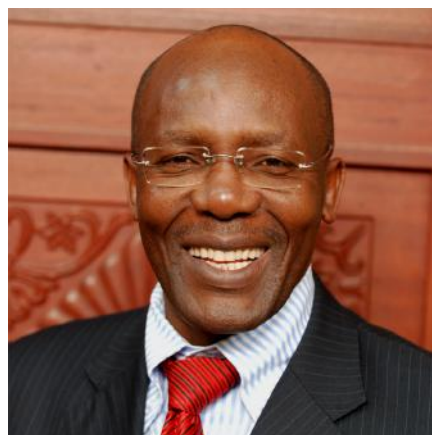
Bio: Rosemary has been in marketing for the last 20 years, currently, running a family business in landscaping. She has been in Rotary for the last 6 Years, an IPP of RCNMN. She is a Wife, Mother and Grandmother. She enjoys golf and travel.



DGR MARGARET MUNENE DISTRICT GOVERNOR SPECIAL REPRESENTATIVE

Classification: Dairy Products

Bio: Margaret is a co-founder of Palmhouse Foundation and CEO of Palmhouse Dairies Ltd. She has been a Rotarian for the last 13 years. She is a wife, mother and grandmother. She enjoys adventure and traveling.



PDG ERIC KIMANI CLUB PATRON

Classification: Dairy Products

Bio: Eric is a co-founder of palmhouse dairies, a milk processing and marketing company. He is an active entrepreneur, business leader and avid philanthropist. He is a loving Husband, Father and Grandfather.

THE ROTARY FOUR WAY TEST

Of the things we thinks, say, or do?

Is it the truth?

Is it fair to all concerned?

Will it be build goodwill and
better friendships?

Will it be beneficial to all concerned?

A



ALEXANDER MWANGI
CHARTER MEMBER

Classification: Digital Content Creator

Bio: Alexander is a loving husband. He is also a software engineer. He enjoys literature, videography and youtube.



ANGELA KAIRU
CHARTER MEMBER

Classification: Public Health

Bio: Angela is a health professional, researcher and consultant in health economics. She enjoys fitness activities, reading african literature, travel and site seeing.



**ANNE MAINA
CHARTER MEMBER**

Classification: Entrepreneur

Bio: Anne is a loving mother and wife. She enjoys cooking and travel.



**ANN MWAURA
CHARTER MEMBER**

Classification: Peace and Conflict Management

Bio: Ann is a loving wife, a mother and grandmother. She likes to spend her spare time hiking, walking, mountain climbing, golf and travelling. Peace and conflict transformation with the combination of counselling psychology is her passion. She enjoys the transformational process from an impossible situation to a peaceful resolution through alternative dispute resolutions



**ALICE MWAURA
CHARTER MEMBER**

Classification: Supply and Delivery of Electrical Goods

Bio: Alice loves reading christian literature and engaging herself in travel.

B



**BEATRICE KARIUKI
CHARTER MEMBER**

Classification: Lawyer

Bio: Beatrice is a Corporate Advocate and is currently the legal officer at Kenya Medical Supplies Authority. She is a loving wife and mother. She is also very passionate about children and volunteers at various children homes. She loves cooking, enjoys traveling and meeting new people. She recently discovered hot yoga which she enjoys.



**BEATRICE KAMAU
CHARTER MEMBER**

Classification: Lawyer

Bio: Beatrice enjoys golf, swimming and nature. She serves the community by assisting poor widows and the less fortunate in society. She is a exotic fruit enthusiast and plants different types of fruit trees. She specializes in conveyancing and commercial law.

C



**CATHERINE MIMANO
CHARTER MEMBER**

Classification: Organizational Consultancy

Bio: Catherine is a loving mother and grandmother. She enjoys reading and travelling. She is passionate about organizational consultancy.



**CLARA KATHURIMA
CHARTER MEMBER**

Classification: Energy Professional

Bio: Clara is loving wife and mother. She enjoys cooking, nature walks, gardening flowers, farming, travel & reading.

D



**DAVID NJOROGE
CHARTER MEMBER**

Classification: Public Administration

Bio: David is a loving husband and father. He enjoys swimming, reading and travel.



DAVID NYANGI
CHARTER MEMBER

Classification: Medical Supplies

Bio: David is a loving father and husband. He enjoys travel and listening to music.

E



EDNA THION'GO
CHARTER MEMBER

Classification: Market research and Strategy Consulting

Bio: Edna is a loving wife and mother. She is the founder of Breakthrough Consulting Ltd; a marketing and management consultancy firm in East Africa. She enjoys giving back to society in the education sector, golf and travel.



ESTHER OLOO
CHARTER MEMBER

Classification: Financial Consultant

Bio: Esther is a loving mother and is widowed. She enjoys travel discovering new cuisines, reading inspirational and autobiographies & Crocheting. She offers mentorship with Cherie Blaire Foundation for women giving motivational talks, to those who are afflicted by alcoholism and addiction including their families.

F



FRANCIS KIHANYA
CHARTER MEMBER

Classification: Real Estate

Bio: Francis is a loving father. Professionally, he is a realtor with Manyatta whose niche is Kenyans in the Diaspora. He is passionate about helping leaders lead more effectively.



**FRANCIS MUNGAI
CHARTER MEMBER**

Classification: Audit and Tax

Bio: Francis is a practising accountant, loving husband and father. He is an adrenaline junkie and gets a rush from hiking. His Idea of relaxation is reading the wisdom of ancient thinkers, birding and nature photography



**GAYLE DAVIDSON
CHARTER MEMBER**

Classification: Education

Bio: Gayle is a retired bookkeeper who has been involved in community service in education for the past 40 years in New York, South Africa and Kenya. Her hobbies include walking, playing some golf, bridge, reading, gardening and the arts.



**GLADYS MUTHONI
CAHRTER MEMBER**

Classification: Legal and Public Service

Bio: Gladys is a loving mother and wife. She enjoys reading, travelling, fitness and music.



**GEORGE MUGWERU
CHARTER MEMBER**

Classification: Housing Finance

Bio: George is a housing market systems specialist with over 13 years experience in financial services provision. He has work experience in Ethiopia, Kenya, Nigeria, South Sudan, Tanzania and Uganda. He serves the community as a deacon at Parklands Baptist church, Westlands



**GRACE NDERITU
CHARTER MEMBER**

Classification: Tourism

Bio: Grace has been a Rotarian for the past 5 Years. She is a sustainable tourism professional and a member of Toastmasters International. Her passions include travel and golf.

H



**HELENA MUSAU
CHARTER MEMBER**

Classification: Healthcare - Oncology

Bio: Dr. Helena enjoys Travel, reading novels, hiking, camping, and baking

I



**IRENE BAHATI
CHARTER MEMBER**

Classification: Healthcare

Bio: Irene is a loving wife. She enjoys a good dance and bible study.

J



**JOE GICHUNG'WA
CHARTER MEMBER**

Classification: Entrepreneur

Bio: Joe is a loving husband, father, and grandfather. He enjoys travelling, outdoor walks & greenhouse farming.



**JOHN GIKIMA
CHARTER MEMBER**

Classification: Banking

Bio: John is a loving husband and father. He enjoys socializing, and watching films.



**JOYCE KINYANJUI
CHARTER MEMBER**

Classification: Business Development

Bio: Joyce is a loving mother of two. She enjoys cooking, playing badminton and reading.



**JUDITH MUNGAI
CHARTER MEMBER**

Classification: Marketing

Bio: Judith is a seasoned marketer who has worked in Kenya, Pakistan and Ghana managing the Nescafe coffee brand. She is currently setting up her own coffee business and consults for a digital marketing agency. She loves travel, meeting new people, watching live music, dance and theatre shows.



**JUDY KIRURI
CHARTER MEMBER**

Classification: Marketing and Fashion Design

Bio: Judy changed careers from Classical Marketing where she worked for various multinationals both locally and abroad. She is the Founder of Rowamy Africa, a fashion line, inspired by African prints and fabrics. She loves travelling with her family and enjoys music.



JULIET WAWERU
CHARTER MEMBER

Classification: Banking

Bio: Juliet enjoys swimming, watching films and travel. She is engaged.



LOWIE ROSALES-KAWASAKI
CHARTER MEMBER

Classification: Women Leadership, Labour and Human Rights

Bio: Lowie is an International Civil Servant with over 20 years experience in diverse fields ranging from governance, leadership to women empowerment. She has worked and lived in the Philippines, Japan, United States, and is delighted to be back in Kenya. She is a loving wife and mother. She enjoys yoga, is a foodie and a beach lover.



MARGARET MUENI
CHARTER MEMBER

Classification: Entrepreneur

Bio: Margaret is a loving wife and mother. She enjoys farming, dancing and reading.



MERCY MUKURIA
CHARTER MEMBER

Classification: Finance, Bridals & Interior Design

Bio: Mercy is a loving mother. She enjoys social responsibility and is a friend of the Nairobi Hospice and Twakutukuza trust for cancer patients. She is a talent search secretary; where she alongside her friends support orphaned children who are musically inclined to record music.



MICHAEL MBUGUA
CHARTER MEMBER

Classification: Creative Designer & Branding

Bio: Michael is a loving husband and father. He enjoys listening to music, reading books and travel.



NYAMBURA KOIGI
CHARTER MEMBER

Classification: Organizational Consultancy

Bio: Dr. Nyambura is a consultant in leadership and organization development. She is a loving wife and mother as well as a grandmother. She enjoys walks in nature, travel and writing.



NJERI KIMINGI
CHARTER MEMBER

Classification: Construction Management, Landscaping and Interior Design.

Bio: Njeri is a loving mother. She enjoys decorating, reading and walking



NJOKI NJIRAINI
CHARTER MEMBER

Classification: Healthcare - Oncology

Bio: Dr. Njoki enjoys Cooking. She is an outdoors individual and you can always find her hiking every so often. She also loves to travel.



**NYAGOY NYONG'O
CHARTER MEMBER**

Classification: Sustainable development

Bio: Dr Nyagoy is a reading enthusiast who loves gardening and cooking. She believes in the empowerment of small farmers and workers. She does so by making trade fair for them. Furthermore, she is passionate about girl - child education.

P



**PATRICK MUNGE
CHARTER MEMBER**

Classification: Financial Consultant

Bio: Patrick is a business advisor with an incline towards domestic taxes in the EAC. He is a loving father and is widowed. He enjoys mountain climbing, sky diving and street bike riding.



**PENINA CHEBUCHÉ
CHARTER MEMBER**

Classification: Human Resource

Bio: Peninah loves travel, playing tennis and making new friends.

S



**SARA KAMAMO
CHARTER MEMBER**

Classification: Nurse Educator

Bio: Sara is a registered nurse. Walking, listening to gospel music, reading and research are her hobbies. Further, she is a loving wife and mother.



**SERAH ODUOR
CHARTER MEMBER**

Classification: Creative Professional

Bio: Serah is a loving wife and mother. She enjoys travel and discovering new cuisines, creating beautiful spaces. She offers gift solutions, image consultancy and Interior Deco services. She is a life skills mentor. She is hugely passionate about mentoring girls and young women.



**SIBUSISIWE MANDIKUTSE
CHARTER MEMBER**

Classification: Real Estate

Bio: Busi is a loving mother and wife. She manages her Durban -Based Real Estate business remotely from Nairobi, Kenya.

W



**WANJIRU NJOROGE
CHARTER MEMBER**

Classification: Management

Bio: Wanjiru is a loving wife and mother. She enjoys travelling and playing golf. She loves visiting new places and experiencing other people's cultures. She is a huge proponent of charity work where she focuses on disadvantaged children and mentoring startups in retail business. She enjoys gardening and cooking too.



**WAMUGUNDA MWANGI
CHARTER MEMBER**

Classification: Advocate

Bio: Wamugunda is a past president of the Rotaract club of Nairobi - Muthaiga North. He enjoys literature, philosophy, design, illustration and playing the acoustic guitar.

A BRIEF HISTORY OF ROTARY

Rotary started with the vision of one man — Paul Harris. The Chicago attorney formed the Rotary Club of Chicago on 23 February 1905, so professionals with diverse backgrounds could exchange ideas and form meaningful, lifelong friendships.

Over time, Rotary's reach and vision gradually extended to humanitarian service. Members have a long track record of addressing challenges in their communities and around the world.

*"Whatever Rotary may mean to us,
to the world it will be known
by the results it achieves."*

*Paul Harris
Rotary founder*

ROTARY'S ONGOING COMMITMENT

That commitment endures today through an organization that remains truly international. Only 16 years after being founded, Rotary had clubs on six continents. Our members now span the globe, working to solve some of our world's most challenging problems.

We're not afraid to dream big and set bold goals. We began our fight against polio in 1979 with a project to immunize 6 million children in the Philippines. Today, polio remains endemic in only three countries — down from 125 in 1988.

The Rotary Foundation is a non-profit corporation that supports the efforts of Rotary International to achieve world understanding and peace through international humanitarian, educational, and cultural exchange programs. We, Rotarians, participate towards the efforts of the foundation by offering a little donation and raising awareness about the great work the foundation does. Our greatest project and goal is eradication of Polio.

Rotary has been working to eradicate polio for more than 30 years. Our goal of ridding the world of this disease is closer than ever. As a founding partner of the Global Polio Eradication Initiative, we've reduced polio cases by 99.9 percent since our first project to vaccinate children in the Philippines in 1979.

We've helped immunize more than 2.5 billion children in 122 countries. So far, Rotary has contributed more than \$1.8 billion toward eradicating the disease worldwide.

Today, polio remains endemic only in Afghanistan, Nigeria, and Pakistan. But it's crucial to continue working to keep other countries polio-free. If all eradication efforts stopped today, within 10 years, polio could paralyze as many as 200,000 children each year.



Thank you to all members for sharing your information. I do hope this bulletin acquaints you with the beautiful joyous information about our club and Rotary.

May, 2020.

Rotary
Club of Ridgeways

